

NeHCA – 558

Religion

Semester- 2nd

Paper II

Cr. hours - 3

Teaching Hours -48

Course Objective

The main objectives of this course are to provide a comprehensive knowledge of the Hindu Buddhist and others religious traditions beliefs, practices and thoughts of the people of Nepal in a historic perspective.

Unit I Introduction

10

1. Religion – definition, function and features
2. Essentials of Hinduism
3. Vedic Religion: rites and rituals
 - a. Yagya; *Agnihotra and Somayaga*
 - b. Vedic Divinities of three division
Dhyu Sthaniya, Antariksha Sthaniya
Prithivi Sthaniya.
 - c. Mysticism of Atharvaveda; The *Abhicharas*:
Marana, Mohana, , Uchchatana ,
Vashikarana, Stambnan.
 - d. *Mantra, Mudra and Yantra.*
 - e. Concepts of Vedic and Upanisadic Monotheism,
Polytheism and Henotheism

Unit II Post-Upanishadic Hinduism

8

1. Origin and development of Vaishnavism
2. Main Teachings of Geeta

3. The importance of Ramayana, Mahabharata and Shreemadbhagavat Mahapurna.
4. Theory of incarnation in Vishnavism
5. Vaishnavism in Nepal .

Unit III Smarta /Sanatana Dharma 3

1. The concepts of Trinity (Trideva) Brahma, Vishnu and Mahesh.
2. The Concept of Panchayana .

Unit IV Shaivism and Shaktism 5

1. Origin and development of Shaivism.
2. An Introduction to Rudra and Shiva.
3. Sects in Shaivism - Pashupata, Shaiva, Kapalika, Kasmiri Shaiva, Kalamukha, Lingayata and Nath cult.
4. Shaivism in Nepal.
5. Origin and Development of Shaktism.
6. The Shakta cults: *Ashthamatrika, Navadurga, Kumari, Dashamahavidya* and the Tantric Shaktism.
7. Shaktism in Nepal.

Unit V Buddhism 7

1. Origin and Development of Buddhism.
2. Buddhist Literature.
3. Life and Teaching of Shakyamuni Buddha.
4. Role of *Tri-Ratna* in Buddhism
5. Development of Theravada, Mahayana and Vajrayana
6. Lamaistic Buddhism of Northern Nepal.
7. Buddhism in Nepal .

1. General introduction to Bonism, Mashtacult, and Kiratadharma.
2. Main teaching of Islam, and Christianity.
3. Religious beliefs and practices of different ethnic communities of Nepal in reference to Animism and Shamanism.
4. Role of religious experts and Priests in Nepalese Society: Avatari Lama, Guru, Guruwa, Purohit /Pandit, Phedangma, Maulavi, Bijuwa, Ghyabre, Rajopadhyaya and Vajracharya.
5. *Major Pilgrimage centers of Nepal - Doleswar, BarahaKshetra, Pashupatakshetra, Lumbini, Mukti kshetra, Gosainkunda, Hariharkshetra, Swargadwari and Janakpur, Lubrak.*

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Nepali

दीक्षित, मदनमणि, २०७०, ऋग्वेदमा समवेत पर्यावरण, विद्यार्थी
पुस्तक भण्डार ।

टण्डन, गोविन्द, वि.सं. २०५३, पशुपति क्षेत्रको संस्कृतिक अध्ययन,
काठमाडौं ।

पौड्याल, वीणा, वि.सं. २०६५, वेदपुराणका केही रत्नहरु, काठमाडौं :
साभा प्रकाशन ।

पौड्याल, वीणा, वि.सं. २०६७, वेदपुराणका केही रत्नहरु, दोश्रो भाग,
काठमाडौं : साभा प्रकाशन ।

पाण्डे, गोविन्दचन्द्र, १९७६, बुद्ध धर्मका विकासका इतिहास, लखनऊ :
हिन्दी समिति ।

शर्मा, प्रयागराज, जगमान गुरुङ्ग, वि.सं. २०५६, ब्लो मुस्ताङ्ग को सांस्कृतिक
सम्पदा, काठमाडौं : नेपाल एसियाली अनुसन्धान केन्द्र ।

