

NeHCA-553

Social History of Nepal

Semester- 1st

Paper - III

Cr- 3

Teaching Hours - 48

Course Objective

The objective of the course is to provide a comprehensive knowledge of social and economic history of Nepal along with a background of the origin and development of social institutions of South Asia.

Teaching Hours

Unit I Hindu Social Organization.

10

1. The General Survey of the Sources for the study of Hindu Social organization.
2. The doctrines of four *Purusharthas*, *Three Rinas* and *Panchamahayagyas*.
3. An analytical study of Varna and Jati.
4. The meaning aims and ideals of Varna Ashram Vyavastha.

Unit II Hindu Family System.

10

1. Meaning and Types of family.
2. An Analytical Study of Hindu Family System.

3. Position of women in the family with references to polygamy, polyandry, widow marriage; women's right and Niyog system.
4. Aims and ideals of ancient education system.

Unit III Hindu Samskaras. 10

1. The meaning, ideals and significance of Samskaras.
2. An analytical study of the important Hindu Samskaras

Unit IV Social History of Ancient Nepal. 8

1. Source for the study of Social History of Ancient Nepal.
2. A brief Survey of the Social Structure and Organization in the Ancient Period with the focus on - Family, Marriage, Position of women, Education, Goshtis, Bhattadhikarana and Mapchok.

Unit V Social History of Medieval Nepal. 10

1. Sources for the study of Social History of Medieval Nepal.
2. A brief survey of the Social Structure and Organization in the Medieval Period with special focus on - composition of Social structure, Family, marriage, Position of women, food and drinks, dress and ornaments, Guthi, Phuki, Education.
3. A Brief Survey of the main Samskaras of the Buddhists Society.

References

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Varanasi: Motilal Banarasidass.
2. Banerjee, C.S. 1993 A.D., *Society in Ancient India* . New Delhi : D.H.Print
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3. Bajracharya, R. Newar, Buddha Samskaras 2065, CNAS.T.U.Kirtipur.
4. Bajracharya, D.V. 2053 A.D., (Ed.) *Lichchhavi Kalka Abhilekh* (Nepali) .
Kathmandu, TU.
5. Jha, Hit Narayan. 1970 A.D., *The Lichchhavis*. Varanasi: Chaukhamba
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6. Kane, P.V., 1975 A.D., *DharmaShastra Ka Itihas part I - IV*, Lucknow:,
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7. Nene, Gopal Shastri, 2054 A.D., (Ed.) *Manusnriti* , Varanasi : Chaukhamba
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8. Pandey, R. B. 1982 A.D., *Hindu Sanskaras*. Varanasi: Motilal Banarasidass.
9. Prabhu, P.H. 1963 A.D., *Hindu Social Organizations*. Bombay: Popular
Prakashan.
10. Regmi, D.R. 1965 A.D., *Ancient Nepal*. Calcutta: Firma KLM.
11. -----1965A.D., *Medieval Nepal*, Vols. I-IV, Calcutta: Firma KLM.
12. Regmi, J.C. 2040 B.S., *Prachin Nepali Sanskriti* (Nepali). Kathmandu:
Sajha Prakashan.
13. Tandon Govinda, 2052 A.D. , *Nepalma Guthi Vyavastha* (Nepali)
Kathmanu: Nepal Adhayan Samiti.

